

## Louisa's Thoughts for Parents

### Developing children's relationship with God.

I am often asked by parents how they can help their child to develop a relationship with God when they are unsure where they are on their journey, or they are new to all this 'God Stuff', or even if they have been a Christian for years.

The most important thing to know is that it doesn't matter where you are on your journey. There is no pressure. Life is full of enough pressures, you can help your children by what I would call is 'lead by example.' Others would call it 'dropping subtle hints.' It's up to you what you call it, but the ideas are the same, to encourage children to develop their relationship positively with God.

#### Some 'lead by example' ideas

- Do you read the Bible? Hopefully the answer is yes. Do not read it hidden away, but read it in the lounge as you would read a novel. If your children ask what you are reading tell them. Think of the Bible as a big book of stories, there are funny stories, there is drama, there is history, there are books about the law, and there are books to help your self-esteem. You can share the story in your own words, or you could purchase a version of the Bible suitable for your child and you say to them, 'look you could read the same as me' and show them in their version. (I have listed some options below).
- Encourage your children to participate in church services or activities. At present they can take part in the online service. There is the All Age Slot at the beginning and then they can look at the pack that is sent to you on a Sunday morning. This is full of activities they can do while you are watching the service, then there are activities you can do afterwards. (If you do not receive the mailing for a Sunday or you would like to see what I send to parents then drop me an email [louisa.adams@stpaulscamb.co.uk](mailto:louisa.adams@stpaulscamb.co.uk))
- Tell your children about examples of how to live like a Christian in your own life. If you see someone pick up rubbish you can start a conversation about how God wants you to look after His creation. If you see an advert on TV about supporting a charity, talk about how it is good to help others.

What happens if you don't live with your children and/or they are grown up? You can still be an amazing example. Be yourself, take time to talk to them, take advantage of technology such as facetime. Take time out to make them feel special – sending them a letter or something in the post that has made you think of them. Children whatever age learn from their parents. Remember to create opportunities to share your life with them and to talk to them however far apart you may be.

Ideas of books for children and young people:

- Action Bible (older children and teenagers)
- The Beginners Bible (Age 2 – 6)
- The Adventure Bible ( for older children)
- Children of God Storybook Bible (for ages 4-8)
- The Good News Youth Bible (for teenagers and has space dedicated for them to write and draw).

### Louisa's Thoughts for Young People



Hi Guys,

How are you all doing? I hope that you have enjoyed the first week of Holiday Club. It would be great to find out what your favourite moments are so far. I think mine has to be setting off my rocket. I think I got more white vinegar and bicarbonate of soda over me than I did in my rocket.



And of course, I enjoyed eating all the biscuits we made too.



If you have missed any of the days remember you can catch up on YouTube. On Monday we will start our second week. We will still be looking at creation as well as how we can look after God's world. There will be more activities and challenges for us to do.

Here is just a taster of what we will be up to



See you all on Monday!!!!

(Link to YouTube

[https://www.youtube.com/playlist?list=PLPbNIAvuGmXHV7HOvLhPqLFEmSCDpBE\\_9](https://www.youtube.com/playlist?list=PLPbNIAvuGmXHV7HOvLhPqLFEmSCDpBE_9))